



Senior Adults

seniors.mdpc.org

Memorial Drive Presbyterian Church • Houston, Texas

October 2021

Presented by
Venturers at MDPC



Serving the Community
Speaker Scott McClelland

Scott McClelland is a former Clerk of Session at MDPC who currently serves as President of HEB Food and Drug. The food giant has a well-earned reputation for supporting education, disaster relief, military appreciation, and hunger relief in Texas. Scott received his undergraduate degree from the University of Southern California and further management training at Harvard. Scott and his wife Soraya are extremely active in many different charitable endeavors.

Monday, October 4, 2021

6p Social Hour • 7p Dinner Served

Fratelli's Ristorante (1330 Wirt Road, 77055)

Dinner reservation details on the enclosed form.



Lunch & Bus Trip
Gather with Friends at Ember & Greens

How excited are you to go on this first bus trip for Prime Timers in a long time!

Ember and Greens Restaurant offers healthy comfort food including a wonderful array of shareables, plus salads, sandwiches, wraps, homemade soup, and cold and hot entrées. It will be so great to get together again in person!

Tuesday, October 19, 2021

10:45a Board Bus at MDPC

11:15a Depart MDPC

11:30a Ember & Greens in Hedwig Village

RSVP to Tammy Allyn by October 12:

832.816.6254 or uwphoto.2@sbcglobal.net



Gather with old friends, meet new friends, and enjoy a great meal! Dinner includes a three-course menu: choice of salad (House or Caesar), entrée (Pollo JJ, Beef Lasagna, or Pasta Palazzo), and dessert (Tiramisu, Bread Pudding, or Banana Carrot Cake).

To make a reservation, mail your check payable to Encore Fellowship to Betsy Chalmers (12202 Taylorcrest, 77024) so it is received by October 1. Indicate your meal choices on a slip of paper.

Thursday, October 7 • \$25 per person includes dinner
Palazzo's on Briar Forest • 5:30p Social Hour • 6:30p Dinner

Venturers President's Message

As we move into our fall Venturers season, let me issue a warm invitation to our October meeting at Fratelli's Ristorante. If you have never been there, I think you will be pleased with the quality of the food they serve. Fratelli's has been most gracious with us this past year as we had to cancel all our dinner meetings due to Covid.

After our kickoff in September with Alf Halvorson focusing on the future of MDPC, October's program will focus outward as Scott McClelland, President of HEB and former Clerk of MDPC Session, speaks about his passion for serving the community. Scott is a dynamic speaker. Don't miss it!

If you haven't yet sent in your membership form and payment for the 2021-2022 Venturers year, I encourage you to do this so that you will not miss any of our mail out materials including the monthly MDPC Senior Newsletter and more information about each of our upcoming meetings. Lost the membership form? Get another copy at seniors.mdpc.org.

Join us for our renewed fellowship after such a long and difficult separation!

Your 2021-2022 President, Bart Henson
713.780.2138 or bartshenson@gmail.com

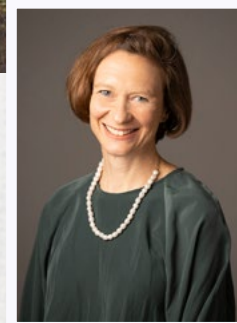
The Venturers at MDPC Ministry Fair

The MDPC Ministry Fair on Sunday, August 29, 2021, was an enormous success for MDPC as a whole and for Venturers as well. Venturers had a very productive day welcoming nine new members: Tory and Gabe Arriaga; Jack and Faye Busiek; Steve and Bonnie Palmer; Mary Reed; Larry Lankford; and Tim Tade...so far! Cindy Cochran, Mary Card, and Beverly and Charles Roberts introduced many others to The Venturers at MDPC.

At the September Dinner Program at Fratelli's Ristorante Alf Halvorson spoke about "The Way Forward for MDPC" with 70-plus attending, including 13 first-time visitors and the 9 new members!

Listening to God

This is My beloved Son, listen to Him. Mark 9:7



Whether for medical reasons or academic reasons, the word *exam* does little to conjure up the positive. As a verb, it doesn't do much better; most do not savor the thought of being *examined*.

But the root word *exam* is also found in the spiritual practice called *The Prayer of Examen*. In the "BLESS" booklet, authored when Dave Peterson was MDPC's Senior Pastor, we read: "The *Examen* is a simple prayer to be done at the end of each day. When practiced, it will teach us to pay attention to the smallest details through which God gives direction to our lives..." As today comes to a close, why not try a *Prayer of Examen*:

Settle Into God's Presence: Thank God for spending this time with you.

Notice the Gifts: Think back through the events of your day, noting the joys and delights. These don't have to be big, dramatic gifts – you may notice simple moments of joy, peace, or comfort.

Notice the Aches: Reflect on the times throughout the day when you made choices you regret, or sinned by things left undone. Note also any times that were hurtful to you. Name all this to the Lord, asking His healing grace to wash over you.

Pray for Tomorrow: *Gracious God, help me to place my head on my pillow and rest well, knowing that Your work continues even as I sleep. Give me grace to live for You tomorrow, to see You in all things, and to share Your love with others, Amen.*

Rev. Beth L. Case
MDPC Associate Pastor