



# A Summer to Connect

MDPC  
Women

## Summer 2021

Connect with God and connect with others this summer! There's something for everyone. Registration is required to join. For the groups that have a cost listed, payment will be received at registration. If the group location is at MDPC or a member's home, the specific room or address will be sent to you ahead of time. To register, visit [stc.mdpc.org](http://stc.mdpc.org).



### WEEKLY

#### Walk and Talk

Charlotte Crawford, [charcrawford@sbcglobal.net](mailto:charcrawford@sbcglobal.net), 281-798-1021

Any day and time • In Person at Terry Hershey Park

Call or text Charlotte for a Romans 1:12 one-on-one walk/talk on the bayou for mutual faith encouragement.



### MAY

#### Lunch with Lewis: *The Screwtape Letters* Book Group

Leigh McLeroy, [nl.mcleroy@gmail.com](mailto:nl.mcleroy@gmail.com)

Wednesdays, May 5-26 • 12:00-1:00 PM • In Person at MDPC

Join author and teacher Leigh McLeroy for a casual discussion of C.S. Lewis's *The Screwtape Letters*, a wildly creative, spot-on exploration of Satan's schemes against the human race. Bring a copy of the book and a brown bag lunch and get ready to think, laugh, and marvel at the timeliness of this masterpiece – first published in 1942!

#### Happy Hour

Kami Vaughn/Janell Kelleher, [janellk64@yahoo.com](mailto:janellk64@yahoo.com)

May 6 • 6:00 PM • In Person at Fratelli's

Join us for a relaxing night of fun and connection!

#### Phyllo Dough Cooking Class

Amy Harrington, [amy@apexadvisory.com](mailto:amy@apexadvisory.com)

May 13 • 7:00 PM • In Person at Amy's House

Enjoy a night of cooking! Learn how to make several recipes using phyllo dough, with Chef Bernadette Loweree. Cost is \$20.

#### Vision "Garden" Boards

Bernadette Loweree

May 17 • 6:30-9:30 PM • At District of Memorial Apartments

Cost \$30. Snacks, beverages, and supplies covered. Bring your own wine! Build a vision of your own personal "Garden of Eden" for your life. Create a board that is Christ-centered and promotes peace, security, and comfort. The board will be Holy Spirit-led through scripture, meditation, visualization, and fun!

#### Anxiety Group

AG Caldwell/Beth Case, [bcase@mdpc.org](mailto:bcase@mdpc.org)

May 20, May 27, June 10 • 6:30-8:00 PM • Virtual via Zoom

Feeling anxious? Learn how to best cope with anxious thoughts through relevant Scripture and coping tools.

#### Virtual Mission Trip

Kelsi McCormack, [kmccormack@mdpc.org](mailto:kmccormack@mdpc.org)

May 22 • 10:00 AM • Virtual via Zoom

Did you know Iran is hosting the fastest growing church in the world?! Come learn about the ways God is at work among the Iranian people as we take a virtual trip with our Global Outreach partner, Pars Theological Centre. We'll learn about their ministry, how they are training the underground church of Iran, hear from some of their students, and experience some Iranian culture, as well!

#### Bicycling Group

Beth Case, Nancy Mavergeorge, Pam Goodson, Christine Gentil

May 23 • 6:30 PM • In Person in Memorial/Houston Area

Have fun on the bike trails this summer! Each ride (in May, June, and August) will offer a different route and experience.



### JUNE

#### Second Corinthians Bible Study (continues into July)

Kay Atchison, [kamatchison@yahoo.com](mailto:kamatchison@yahoo.com)

Thursday, June 3, 10, 17, 24 and July 8 and 15; potentially July 22

10:00 AM • Virtual via Zoom

A study of Second Corinthians through Kelly Minter's book, *All Things New*.

#### Floral Arranging

Raquel Vasquez, [quela.rv5@gmail.com](mailto:quela.rv5@gmail.com)

June 3 • 10:30 AM • In Person at MDPC

Enjoy using your creativity skills to make your own beautiful flower arrangement. \$35 covers cost of supplies.

#### Kindess Rocks (Moms & Kids)

Tarryn Lankford, [tarrynlankford@gmail.com](mailto:tarrynlankford@gmail.com)

June 4 • 10:00 AM • In Person at MDPC

Kindness always rocks! Let's kick off the summer break by painting and decorating kindness rocks. Kids and moms will take their rocks home to leave them somewhere for others to find. Cost is free (limited to 20 adults/kids).



JUNE

### In-Person Yoga

Amy Waltz

June 7 • 10:00 AM-12:00 PM • Amy Waltz's Home

Enjoy a one-hour yoga class led by a professional yoga teacher with a light lunch afterwards. Cost is \$10 for the yoga teacher.

### Spades

Erin Bounds/Mary Reed, erin.cary@sbcglobal.net

June 7 • 6:30 PM • In Person at Mary's House

Enjoy a night of Spades! All levels welcome.

### Scriptures & Cinema: A Discussion on the Bible, Film, and Race

Rachel Poysky, rpoysky@mdpc.org; Charlotte Adams, cadams@mdpc.org

June 10, 24, July 8 • 6:30-8:00 PM

For Christians, we know that the coming Kingdom of God points us to the banquet table of Christ where we all join together in unity as we worship God with one voice. Join us around our table for a great discussion over three Thursdays. You'll watch a preassigned film, then come to the discussion ready to look at how we faithfully live out the Scriptures when it comes to issues of race and togetherness.

### Private Spirit Spin & Stretch Class at The MAC

Charlotte Crawford

June 10 • 9:00-10:30 AM • Memorial Athletic Club

Faith-inspiring music! Non-Impact, Cardio and Strength Building Workout! Uplifting for Spirit, Body, and mind! Open to any female, ages 15 and up. Exercise is medicine. Group Fitness is Bonding. Worship Music guaranteed to move effort and focus to a higher level! All fitness levels and beginner to seasoned spinners welcome.

### Bicycling Group

Beth Case, Nancy Mavergeorge, Pam Goodson, Christine Gentil

June 11 • 7:00 AM • In Person in Memorial/Houston Area

Have fun on the bike trails this summer! Each ride (in May, June, and August) will offer a different route and experience.

### Movie on the Ballfield

Laura Benes, lcbenes@gmail.com

June 16 • 7:00 PM Dinner, 7:30 Movie • In Person at MDPC

Been missing a night at the movies? Join us for a movie on the MDPC Ballfield! Cost is \$20 for screen cost, dinner, snacks, and beverages for the evening.

### Enneagram

Beth Case, bcase@mdpc.org; Christyn Knoop, christynknoop@gmail.com

June 24 • 9:30 AM-12:00 PM • In Person at MDPC

The Spirit's Formation and the Enneagram Experts tell us certain diets work best for different lifestyles, goals, and blood chemistry. If it's true with physical health, could there be specific tried-and-true spiritual practices that better nurture and lovingly stretch your own personality, to the glory of God? Beth and Christyn will offer biblical foundation, narrative context, creative ideas, and accountability for experimenting with a new spiritual practice based on your Enneagram type(s). And

be sure to mark the date and time for the end-of-summer follow-up where we debrief how our experiments turned out: July 8 or July 29. Contact Beth or Christyn for how to get up to speed if this is your first Enneagram experience.



JULY

### Backgammon

Laura Benes, lcbenes@mdpc.org

July 8 • 6:30 PM • In Person at Laura's Home

Enjoy a night of backgammon! All levels all welcome.

### Christmas in July Ornament Painting

Tarryn Lankford, tarrynlankford@gmail.com

July 9 • 6:00-8:00 PM • In Person at Tarryn's Home

Come join us for some Christmas cheer in July! We'll paint a ceramic Christmas ornament with The Brilliant Brush and enjoy fellowship, wine, appetizers, and some Christmas spirit together. Cost is \$35; limited to 10 participants.

### Virtual Yoga

Jimena Lieb, jlieb@mdpc.org

July 23 • 9:00-10:15 AM • Virtual via Zoom

Join us from the comfort of your own home or backyard for this virtual yoga class!



AUGUST

### Bicycling Group

Beth Case, Nancy Mavergeorge, Pam Goodson, Christine Gentil

August 6 • 7:00 AM • In Person in Memorial/Houston Area

Have fun on the bike trails this summer! Each ride (in May, June, and August) will offer a different route and experience.

### Card Writing/Calligraphy

Mayra Escamilla, mescamilla@mdpc.org

August 13 • 6:00 PM • Hybrid: At MDPC or via Zoom

Want to learn some basic art lettering and calligraphy? Join us for some fun learning! Cost is \$10

### Creole Crockpot: A Taste of New Orleans

Charlotte Adams, cadams@mdpc.org

August 26 • 9:00 AM-1:00 PM cooking; 7:00 PM taste testing

In Person at Charlotte's Home

Laissez le bon temps rouler à la Nouvelle Orleans! Translation: Let the good times roll in New Orleans! Join us for favorites such as gumbo, red beans & rice, jambalaya, shrimp creole, crawfish etouffée, and more. For those who are able, please join the Cooking Krewe 9:00 AM-1:00 PM – Charlotte will “make the groceries.” Otherwise, see you at 7:00 PM to sample the cuisine.

### RELATIONSHIPS MINISTRIES

Brett Hurst

Relationships Pastor  
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Amanda Grace Caldwell

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Marty Chapman

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Visit our website for more special events, studies, and small groups:  
[women.mdpc.org](http://women.mdpc.org)



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