

Ladies, this is your Summer to Connect! Check out the group opportunities below and sign up for as many as you like. Most meet one-time only, but some may add additional dates if needed. Registration required. Contact Amanda Caldwell with questions (acaldwell@mdpc.org, 713-490-0931). Register at **stc.mdpc.org**.

- Moms of Littles
- Active
- # Kids Welcome
- Creative
- \* Childcare Available
- Creative
- Thinking
- Just for Fun

\$ Cost

# MORNINGS

• \$ "Weeding, Seeding, Feeding" Gardening & Spiritual Growth with Martha Moore Let's gather for some yummy refreshments and a garden tour as we share how we might grow in our relationship with God, to learn the deeper rhythms of walking with Him in the cool of the day.

Friday, June 14 • 10:00 AM • Martha's Garden

## Bike & Chat

#### with Beth Case and Christine Gentil

Cycle to the Heights! 15 miles on a trail. No-drop ride with a stop for refreshments & conversation. Road cycle required (or at least an athletic hybrid). Friday, May 31 (early in the season before it gets too hot)

Park on the street at 300 Jackson Hill St, 77007 We roll at 6:00 AM

## • \$ Paper Flower-Making Class

#### with Raquel Vasquez

Learn how to create your own paper flowers for decorating your home or for events!

Thursday, June 6 • 9:30-11:00 AM • MDPC Parlor

## \$ Art Journaling Group

#### with Janell Kelleher

Create a piece of art while we ponder a scripture. No experience needed. All supplies provided. July 18 • 10:00-11:30 AM • MDPC Rm 265 (CLC)

## • # Moms and Kids "Splash" Date

with Lyndsey Dottavio and Christyn Knoop Please bring a snack to share. We'll tucker those kids out and fill up their tummies so they can have a good afternoon nap. Friends are welcome! Monday, June 17 • 10:00-11:30 AM Nottingham Park: 14205 Kimberley Lane, 77079

## # Miller Outdoor Theater

#### with Courtney Cadwell

Bring your blankets and a picnic lunch and join MDPC Moms & Kids on the hill to enjoy the new musical adventure based on Barbara Park's popular book, *Junie B's Essential Survival Guide to School*. Come early and fly kites with us prior to the performance.

Friday, June 14 • Show Time: 11:00 AM (kite flyers, BYO-Kite & meet around 9:30 AM) Miller Outdoor Theatre in Hermann Park

#### • #\$ Houston Zoo

with Courtney Cadwell

MDPC Moms & Kids - Pack your wagon or stroller with plenty of snacks and a lunch and meet up for a fun-filled morning at the Houston Zoo!

Monday, July 1 • 9:00 AM • The Houston Zoo Save time and purchase tickets in advance on the Zoo website (Adults \$19.95; Children \$15.95; Children 1-and-under & Zoo Members free)

# • #\$ Butterfly Paint & Plant Day

#### with Courtney Cadwell

Beat the heat and head over to HMNS Sugar Land with MDPC Moms & Kids for a special event celebrating butterflies! Participants will learn all about butterflies, munch on treats, and complete crafts in addition to painting a butterfly garden pot and starting a special plant with the guidance of butterfly garden experts.

#### Friday, August 2 • 10:00 AM

Houston Museum of Natural Science, Sugar Land Space limited! Tickets must be purchased in advance at the HMNS website (Adults \$17; Kids \$12; Members \$5)

# • #\* MOPs Summer Small Group

#### with Christyn Knoop

Gather with other moms of young kids for coffee, connection, and learning more about the Christian faith. We'll ask lots of questions as we get to know the basics of the Bible together, with plenty of conversation about how faith can help us in our busy lives today!

Alternating Thursdays • May 23-August 15 9:30-11:00 AM • MDPC Chapel Bride's Room Free childcare available by reservation

## Run/Walk and Pray

with Charlotte Crawford

Let's gather to walk, talk, encourage each other to live well in every way! Enjoy the wonders of God's creation and get vitamin D for our skin and eyes! Delight in Christian conversation while we focus on right + tight, fit + focused posture. We will end our time together with prayer at a special swing garden spot. Depending on time and interest we may walk a total of 7 miles (see Luke 24).

Wednesdays, June 5, July 17, August 14 • 8:00 AM Meet at Bayou Entrance off Memorial Drive at end of Yorkchester

# • "What Number Are You?" Enneagram

with Beth Case and Christyn Knoop

What's Your Number? How the Enneagram can better your relationships, improve your walk with God, and keep you laughing! Beth will email participants an Enneagram test to take prior to our time together (cap at 8 participants).

Thursday, July 25 • 9:30 AM-Noon • Beth's home Light morning fare: fruit, yogurt, pastries

## • \$ Day-Hike in Bastrop State Park

with Beth Case and Amanda Caldwell

Strap on your shoes and join Beth and Amanda for a day hike and conversation about how God uses nature to declare His glory and speak to us. September Save the Date

# LUNCHTIME

## • \$ Creativity and Christianity

with Carole Pena

Visit The Menil and enjoy lunch at the Menil Bistro where we'll have a conversation around creativity and Christianity.

Thursday, July 11 • 11:00 AM • The Menil

#### • \*\$ "Keeping it Real" Marriage with Kellie Hurst

Enjoy a lunch-and-learn at MDPC where Kellie will lead a discussion on marriage topics.

Wednesdays, June 5, July 3, August 7 Noon-1:00 PM • MDPC Parlor

# S Lanier Theological Library

with Amanda Caldwell

Take a day-trip to Lanier Theological Library for a guided tour of the library and enjoy a lunch beforehand.

June 27 • Lunch 11:30 AM, Tour 1:00 PM

## # Missions and Lunch

with Teri Adair and Michelle Collins Enjoy a lunch-and-learn at MDPC as Teri and Michelle talk about being missionaries here in Houston and all over the world. God brought the peoples of the world to Houston - how do we respond?

Friday, June 28 • 11:30 AM • Teri's Home

## # Ladies Who Lunch

with Cheryl Moore

Enjoy a lunchbreak in the middle of the day? Join Cheryl at her home for a relaxing meal. June 20 • 11:30 AM-1:00 PM • Cheryl's Home

# • \$ Wellness Lunch

with Amy Waltz

In the spirit of wellness, join us for a healthy lunch as we discuss ways to thrive in our busy lives! Hear personal stories of triumph in overcoming illness by focusing on whole body wellness.

Friday, June 28 • 11:30 AM • Amy's Home

# AFTERNOONS

# • \$ 4th of July Cooking Class

with Bernadette Loweree Learn to make a few 4th of July treats! Tuesday, June 25 • 3:00-5:00 PM • MDPC Kitchen

# **EVENINGS**

• \$ Ask Us Anything Theology On Tap with

Sarah Stone, Laurien Hook, & Rachel Poysky Bring your appetite and your toughest questions about God, the Bible, and the Christian faith to ask anonymously to our panel (Sarah, Laurien, and Rachel). Sip a beer, munch on a cheese platter, and hear our panel do their best to answer questions like, "Is God anti-science?" "How do I actually love my enemies?" "What does God think about sex?" and whatever else you think up!

Tuesday, July 30 • 6:30-8:30 PM The Black Labrador Pub in Montrose Cost: Whatever you order to eat/drink

## Round of Spades

with Laura Benes and Mary Reed Have fun playing a round (or few) of Spades with Laura, Mary, and others. Thursday, June 27 • 6:00 PM • Mary's Home

## Sinner & Dominoes

with Sara Kuhn

Enjoy a relaxed dinner and fun night of dominoes. Monday, June 3 • 6:00 PM • Sara's Home • BYOB

## • \$ Yoga

with Jimena Lieb and Amy Waltz Join Jimena for a relaxing and rejuvenating faithfilled yoga workout and a dialogue on self-care and wellness with Amy afterwards. **Tuesday, June 18 • 5:00-7:00 PM • Rm 171/172** 

## • \$ Supper Club

with Meka Arend Grab a friend and join Meka and others at her home for a laid-back dinner. Friday, June 7 • 6:30 PM • Meka's home

## • \$ Astros Game

with Christine Gentil

Take me out to a ball game! Come enjoy peanuts and Cracker Jacks at an Astros game. Wednesday, June 12 • Game starts at 7:10 PM

