

Children and Youth

BASKETBALL HOOPS CAMP

Session I: Monday-Friday, June 21-25

9:00-11:30 AM: Entering 1st-8th Grade

1:00-3:30 PM: Entering 3rd-8th Grade

9:00 AM-3:30 PM: Entering 3rd-8th graders

Session II: Monday-Friday, June 28-July 2

9:00-11:30 AM: Entering 1st-8th Grade

1:00-3:30 PM: Entering 3rd-8th Grade

9:00 AM-3:30 PM: Entering 3rd-8th graders

Location: Gym

Cost: Half day (9:00-11:30 or 1:00-3:30) \$204

Full day (9:00-3:30) \$408

Notes: Bring a water bottle /snack; lunch if staying full day

This beginner and intermediate-level skills class is a comprehensive introduction to the core fundamentals of basketball, including shooting technique, ball handling, passing, rebounding, and defense AND offense. Coaching is in a Christ-centered environment, and teaches the importance of hard work, sportsmanship, discipline, and honesty. Each class has no more than eight children per coach.

Heidi B. Horton, former professional women's basketball player overseas and in the WNBA, has coached children for 25 years and has two children of her own. She played for the LA Sparks, and was a first round, first pick for the Washington Mystics. Prior to that, Heidi, who speaks six languages, played six seasons in Europe. She also is a motivational speaker. The 2002 Disney movie Double Teamed is based on the lives of Heidi and her identical twin sister. Heidi has run Hoops School since 2001.

GYMNASTICS / TUMBLING CAMP FOR BOYS & GIRLS

Monday-Friday, July 26-30

9:00 AM-12:00 PM

Ages: 4-8

Location: Gym

Cost: \$200

Bring a snack & water bottle; Class separated into age groups

A fun weeklong camp learning tumbling and gymnastics skills, mixed with games, flexibility, strength training, obstacle courses, and character lessons. Geared for both beginners and intermediates, activities include floor tumbling, vaulting, balance beam, and simplified bars. More focus will be on tumbling skills, including front/back rolls, cartwheels, and round offs, with progressions up to more advanced back handspring "flip flops" and front handsprings.

Children are divided into appropriate age groups. Activities are age appropriate and well supervised. We value teaching integrity, modesty, character development. Each day begins with a simple Biblical devotional.

Robbie Hirst (Coach Robbie) directs the Tumbling Company of Houston, which has been operating in partnership with area church recreational ministries. He is a committed follower of Christ, devoted to his wife and their five children, and holds a BS in mechanical engineering from Texas A&M. In 2001, he transitioned from the engineering world of objects in motion to the developmental instruction world of children in motion. He has been coaching full time since.

Contact Coach Robbie with questions: 713-866-4822

LEGO MANIA

Monday-Friday, June 14-18

9:00-12:00 PM

Ages: 4-7

Location: CLC Room 171/172

Cost: \$132

Children are engaged in creative activities with “zillions” of Lego pieces ensure that there is always enough for everyone! This innovative program for LEGO buffs provides opportunities for imagination and hands-on learning under the guidance of a certified educator. Over 15 new games, projects, and activities not found in stores will be planned and engineered. Enrichment in the areas of personal creativity, following instructions, eye-hand coordination, problem solving, critical thinking and learning will be experienced as kids have the opportunity to construct dinosaurs, rockets, castles, airplanes, forts, cars, and much more.

Fast Forward Kids offer fun educational camps taught by certified teachers.

LEGO DESIGNER

Monday-Friday, June 14-18

1:00-4:00 PM

Ages: 5-8

Location: CLC Room 171/172

Cost: \$132

Come and exercise your Lego skills here in ways you haven't done before! The unique collection of Lego kits not found in stores and special STEM projects will captivate minds. Careful guidance from a *Texas certified teacher* will allow students to flourish with ideas and overcome obstacles. Individual and team projects will provide opportunities for your child to expand their creativity and social skills as they work toward common goals. This class will surely inspire all Lego enthusiasts.

Fast Forward Kids offer fun educational camps taught by certified teachers.

MAD SCIENCE: WATER WORKS

Monday-Friday, August 2-6

9:00 AM-12:00 PM

Ages: 3-6

Location: CLC Room 171/172

Cost: \$232

Water is more complicated than it looks! At this exciting camp, preschoolers will learn all about the different properties of water, like density, buoyancy, and its importance to sea life. They'll experiment with dry ice and water, create their very own water art, and discover how water can be the most powerful force on Earth, then make their very own water motion modulators, bubble wands, and pet tornados to take home. Preschoolers will be amazed at how much they can do with WATER!

The Mad Science Group® is the world's leading fun science provider that delivers exciting and educational hands-on science experiences! Each year, they spark the imagination of millions of children worldwide.

Contact Mad Science with questions: 713-663-7623

PIANO LESSONS, PRIVATE: JOHN FORD

Wednesdays, June 2- August 25

2:00-8:00 PM (No class July 14)

Ages: 3 and up

Location: MC Room 210

Cost: \$119 (four 30-minute lessons)

Notes: Extended times available

Make-ups by appointment only
Termination requires 30-day notice

Contact John to schedule a lesson or for more information: czerny32@sbcglobal.net, 832-978-6566

John Ford has been teaching piano full-time since 1988. He is a member of the Katy Music Teachers Association and Past President of the Houston Music Teachers Association. He teaches acoustic piano, digital keyboard, duets, jazz, classical, pop, and ragtime. John combines games, theory, recitals, and guild auditions in piano lessons.

SOCCKER SHOTS CAMP

Session I:	Monday-Friday, June 14-18, 9:00-12:00 PM	Ages: 4-7	Location: Field	Cost: \$239
Session II:	Monday-Friday, June 28-July 2, 9:00-10:00 AM	Ages: 3-6	Location: Field	Cost: \$160

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum and communication. Our coaches are the best-trained in the business. Our expert-approved curriculum is age-appropriate and aligns with childhood education standards. In addition, we provide an exceptional customer experience and ongoing communication with parents.

Every camper receives: Camp t-shirt, soccer ball, end of camp prize, certificate, daily player evaluation

SPOTLIGHT PROJECT CAMP

Monday-Friday, June 21-25

9:00-2:00 PM

Ages: Entering Kindergarten-4th grade

Location: Ampitheater & 170

Cost: \$180

"How Far We'll Go" - At the Spotlight Project, every child gets to shine in the spotlight! Our classes are designed to teach beginner musical theatre (singing, acting, and dancing) to children of all levels of development, ability, and experience. Students with or without disabilities are encouraged to join!

Whether your child has been performing on stage since they were born, or this is a brand new adventure for them, we at The Spotlight Project will make it our duty to ensure that they feel supported, challenged, and loved. We create an inclusive environment that allows each student to shine and find confidence on stage and in the world around them. Students will take dance, acting, and music classes, as well as rehearse and perform a final show on the last day of camp for family and friends!

SUMMER FUN DANCE CAMP

Session I: Monday- Thursday, June 21-24

10:00-12:30 PM Ages: 6-12

Session II: Monday-Thursday, July 26-29

10:00-12:30 PM Ages: 4-6

Location: CLC Room 171-172

Cost: \$124

Bring: Labeled water bottle, hand sanitizer & mask

Parent Show via Zoom on Thursday, 12:00-12:30 PM

Suggested dance attire: Leotards of any style (not required) with comfortable shorts; jazz shoes (not required) or lightweight tennis shoes.

Class curriculum (jazz, drill team, line, pom, cheer) is based on total fun, designed to encourage great posture, increase flexibility, and build body strength. Dance routines are choreographed for continuous movement to promote cardiovascular health. All music is age and content appropriate. There will be an exciting dance recital on the last day with animated choreography and quick costume and prop changes. Previous dance experience is helpful, but not required.

Established in 1980, Super Stars Dance was designed to offer you and your children a dance program that is progressively age appropriate, wholesome, and fun. Cat Wood, teacher, trained professionally under Margo Marshals and worked with Susan Bates for 10 years.

TUMBLER WARRIORS CAMP

Monday-Friday, June 14-18

1:00-4:00 PM

Ages: 4-8

Location: Gym

Cost: \$200

A fun afternoon camp for boys and girls including age appropriate Warrior and Ninja Tumbler challenges, agility skills, swings and obstacle courses. We will include tumbling, spring boarding, beam balancing plus swings and simple flips on the bars. We will also layer age appropriate progressions for hand springs.

In all we do, we value teaching integrity, modesty, character development and a simple daily Biblical devotional.

WOODWORKING CAMP

Session I: Monday-Friday, June 14-18

Session II: Monday-Friday, June 21-25

Session III: Monday-Friday, June 28-July 2

Session IV: Monday-Friday, August 2-6

2:30-4:00 PM-Level II & Advanced

Location: CLC Room 170

Cost: \$200 per session

Boys and girls learn basic woodworking skills while building small projects (no kits). This class has been redesigned since Covid with social distancing, sanitizing stations, and fewer shared materials which are wiped between uses. Each child has their own goggles, work table, work mat, set of tools and paint set. We all wear masks.

*WWII: Beginning class for ages 8-10; ages 5-7 must have taken WWI

**Advanced: Must have taken WWII

Please email Linda to save a space, giving 1st and 2nd preference of sessions: woodworkingforyoungchildren@gmail.com

Adults

PIANO LESSONS, PRIVATE: JOHN FORD

Wednesdays, June 2-August 25

2:00-8:00 PM (No class July 14)

Ages: 3 and up

Location: MC Room 210

Cost: \$119 (Four 30-minute lessons)

Extended times available

Make-ups by appointment only

Termination requires 30-day notice

Contact John with questions or to schedule lessons: czerny32@sbcglobal.net or 832-978-6566

John Ford has been teaching piano full-time since 1988. He is a member of the Katy Music Teachers Association and Past President of the Houston Music Teachers Association. He teaches acoustic piano, digital keyboard, duets, jazz, classical, pop, and ragtime. He combines games, theory, recitals, and guild auditions in piano lessons.

YOGA

Monday/Wednesday/Friday, June 2-August 30

(No class June 25, July 12-16)

9:15-10:15 AM

Location: CLC Rooms 171-172 (Room 260 June 14, 16, 18, 21, 23 & July 26, 28 & August 2, 4, 6)

Cost: \$10/class or
\$90/10-class card (expires after 3 months)

Participants must bring a mat.

Tone the body and tune the mind! Increased strength and stamina, improved balance, and flexibility are yours through Hatha Yoga. Feel energized, refreshed, and relaxed, all at the same time, with a 5,000-year-old tradition of physical poses and flowing sequences linking breath and movement.

Polly Patton Christie is a native Houstonian and is certified in both Yoga and Pilates. She has a bachelor's degree in Dance and has danced with many companies through the years, all over the country. She has taught yoga since 2003 and currently teaches at the YMCA and the Houston Country Club where she has a large following that enjoy both her classes and her warm nurturing personality. She considers her children her main job, pastime, and creative outlet!

YOGA (IYENGAR)

Fridays, June 4-August 27

(No class July 16)

11:30 AM-12:45 PM

Location: CLC Room 171-172 (Room 260 June 18 & August 6)

Cost: \$10 per class

A Certified Iyengar Yoga teacher can guide students of all ages and physical conditions to an experience of yoga, which is safe, accessible and rewarding. This class is designed for beginner and continuing adults as well as expectant mothers with healthy pregnancies.

Jimena Lieb practices and teaches Iyengar yoga which emphasizes correct alignment of joints for maximum benefit and safety. In this class the use of props such as chairs, blocks, blankets, or straps may be incorporated to help students adjust or support themselves in the different postures and thereby achieve a range of motion that is effective and safe. Students will practice postures to reduce stress, create strength and flexibility, and correct structural imbalances for better overall health.

Jimena has had a regular yoga practice since 2007 and has studied with professional yoga teachers in various cities in the U.S. as well as abroad. Jimena is a Certified Iyengar Yoga teacher and the Scheduling Director here at MDPC.